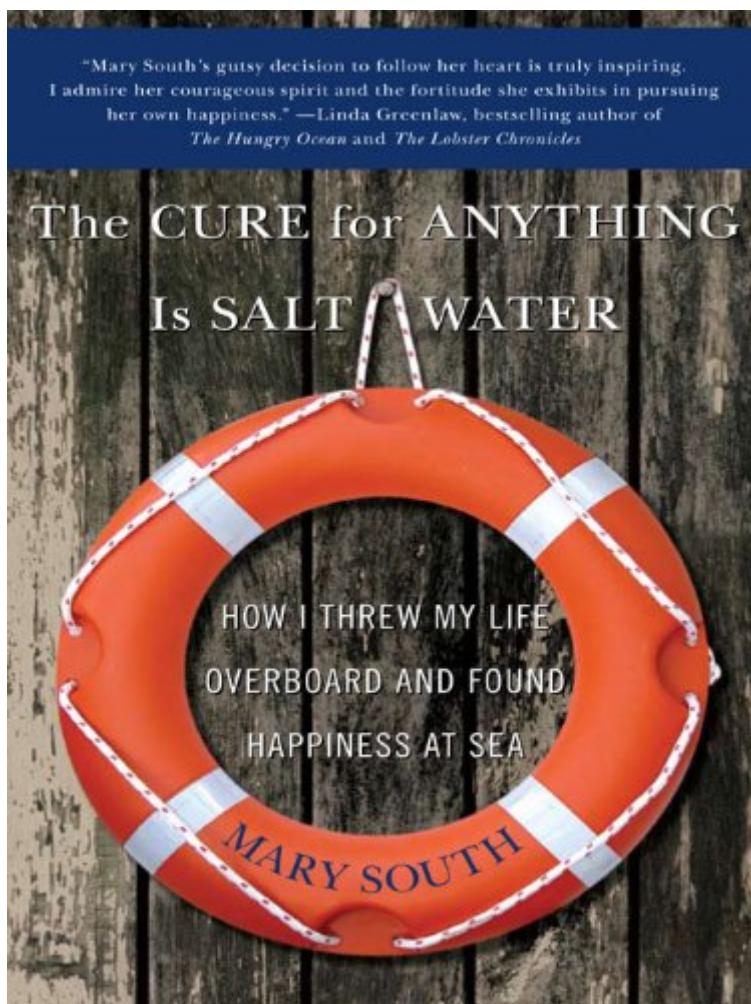


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# The Cure For Anything Is Salt Water: How I Threw My Life Overboard And Found Happiness At Sea



## Synopsis

At forty, Mary South had a beautiful home, good friends, and a successful career in book publishing. But she couldn't help feeling that she was missing something intangible but essential. So she decided to go looking for it . . . at sea. Six months later she had quit her job, sold the house, and was living aboard a forty-foot, thirty-ton steel trawler she rechristened Bossanova. Despite her total lack of experience, South set out on her maiden voyage—â •a fifteen-hundred-mile odyssey from Florida to Maine—â •with her one-man, two-dog crew. But what began as the fulfillment of an idle wish became a crash course in navigating the complicated byways of the self.

## Book Information

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## Customer Reviews

Brilliant ÂfÂçÃ  ¬Ã  Â| laugh out loud on the landlocked subway ÂfÂçÃ  ¬Ã  Â| there are too many chuckles. Good books, as far as my uncritical eye is concerned, fall into three terrible categories: The two extremes are either unsatisfactory slough suffered by critics sufficed to merit published remarks or crack highs somehow scrawbled after just for points of saying ÂfÂçÃ  ¬Ã  Â“See! ÂfÂçÃ  ¬Ã  Â• This is -- far less exalted, but, to me, the more cherished

category -- want to read more next time able. Anything that can make me turn away from my read and snort aloud on a public transit system means it has breached the public civility test -- which books, tender or tragic, dear or reared, must pass in order to be read, whether aloud, quietly, public, or private. This is an engaging combination of danger and dawdle, of exuberance and ease, of moxie and (mild) maudlin. It is a balance of blustery adventure and introspective reflection with ever constant rolling waves. For a reader without any connection to boating, it is a raveled tale worthy of Neptune/Poseidon.

Ms. South has a true knack not only for words, but also for conveying the everyday unspoken feelings we all have. Her frankness is inviting and comfortable. I am a sailor, so enjoyed the nautical undercurrent to the book. However, knowledge of the sea is no prerequisite to thoroughly enjoying this little book. I devoured it in three short nights and I predict you will also. GREAT WORK "Mare!"

I really enjoyed Mary South's writing when she was editor of Yachting Magazine. Her book is an enjoyable read about herlife on the sea. She's a fascinating woman!

My fiancÃ©fÂ© loves this book

An emotional biograph from a lesbian writer who discovers she's "bi."

Great library book for the boat.

Good read. Not what I thought it was going to be.

A fascinating and very entertaining book.

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The Ultimate Herpes Cure - How to Eliminate Herpes for a Life Using Natural Cure Methods  
(Herpes Cure, Herpes Protocol, Herpes Cure Treatment, Herpes Treatment, Herpes Zoster, Herpes Simplex Virus) Herpes: Herpes Cure: The Natural Herpes Cure Method To Eliminate Genital Herpes

For Life! (Herpes Cure, Herpes, Genital Herpes, Cold Sore, Eliminate Herpes, How To Cure Herpes, Herpes Treatment) Fatty Liver :The Natural Fatty Liver Cure, Proven Strategies to Reverse, Cure and Prevent Fatty Liver Forever ! (Fatty Liver Cure,Fatty Liver diet,Fatty ... Cure, Detox, Fat Chance, Cleanse Diet,) The Herpes Cure: Permanent Solutions To Treating Herpes (Cold Sore, Genital Herpes Cure, Genital Herpes Book, herpes cure, cure herpes Salt Lake City, Utah: Including its History, The Utah Museum of Fine Arts, The Salt Lake Temple, The Bonneville Salt Flats, and More Overboard!: A True Blue-water Odyssey of Disaster and Survival Water Clarity Secrets for Ponds and Water Gardens: The Quick and Easy Way to Crystal Clear Water (Water Garden Masters Series Book 5) Fruit Infused Water - 80 Vitamin Water Recipes for Weight Loss, Health and Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse) The Herpes Cure: Obliterate the Worldâ€” Most Annoying and Exaggerated Virus and Finally Cure Herpes (Second Edition, Developed Life Health and Wellness ... Herpes Prevention, Herpes Cure) Book 1) Hepatitis C Symptoms, Treatment and Cure: Survivor's true story of 12 week treatment and cure (Hepatitis C Symptoms Treatment and Cure Series) The Fatty Liver and Weight Loss Solution, Proven Natural, Safe and Non-Toxic Strategies to Reverse, Cure and Prevent Fatty Liver.-Fatty Liver Cure, Fatty ... Fatty Liver Disease, Fatty liver cure) Why Beethoven Threw the Stew (And Lots More Stories about the Lives of Great Composers) Model Cars You Threw Away: Guide to Pricing and Collecting Obsolete Diecast Model Cars When the Stars Threw Down Their Spears: The Goblin Wars, Book Three Herpes: HERPES TREATMENT. HERPES CURE.: How to Finally Overcome Herpes and Cure Herpes Forever (Herpes Cure, Herpes Treatment) Eczema Cure: The Most Effective Solution To Cure Eczema Fast: A Guide To Eczema Treatment, Eczema Cure And Eczema Remedies For Perfect Clear Skin (Eczema, ... Psoriasis, Rosacea, Seborrheic Dermatitis) REVERSE HEART DISEASE - HEART ATTACK CURE & STROKE CURE - LOWER HIGH BLOOD PRESSURE TO NORMAL & RESTORE YOUTHFUL CARDIAC HEALTH WITH NO SURGERY OR DRUGS ... Pressure Cure, The End Of Heart Disease)

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